









**Hospital**  
175 Fore River Parkway











**Medical Office Building (Health Center)**  
195 Fore River Parkway



**Outpatient Specialty & Surgery Center**  
155 Fore River Parkway

-  PATIENT/GUEST PARKING
-  EMPLOYEE/STAFF PARKING
-  MEDICAL PROVIDER PARKING ONLY
-  AMBULANCE ACCESS ONLY
-  EMERGENCY DEPT. PATIENT PARKING ONLY
-  BUS STOP
-  BICYCLE RACKS
-  CAMPUS ENTRANCE WITH TRAFFIC LIGHT

-  ROUTE TO AMBULANCE ENTRANCE
-  CONNECTION TO ST JOHN ST
-  CAMPUS WALKING LOOP
-  POND TRAIL LOOP
-  FORE RIVER PARKWAY TRAIL
-  PEDESTRIAN CROSSING
-  BUILDING ENTRANCE
-  EMERGENCY DEPARTMENT ENTRANCE & DROP-OFF

**A**

## Hospital

175 Fore River Parkway



### Ground Floor

- Administration
- Auditorium

### First Floor

- Emergency Department
- Cafeteria
- Gift Shop
- Chapel
- Financial Assistance
- Security
- Clinical Decision Unit
- Imaging

### Second Floor

- Surgery Reception and Operating Rooms
- Intensive Care Unit
- Intermediate Care Unit

### Third Floor

- Birthplace
- Medical Unit

### Fourth Floor

- Surgical Unit

**B**

## Medical Office Building (Health Center)

195 Fore River Parkway



### First Floor

- Dr. Harry E. Davis Pediatrics Center
- Northern Light Mercy Pain Center
- Northern Light Mercy Imaging
- Northern Light Mercy Laboratory
- Northern Light Pharmacy

### Second Floor

- Northern Light Mercy Breast Care
- Northern Light Mercy Ear, Nose, and Throat Care
- Northern Light Mercy Surgery
- Northern Light Mercy Women's Imaging

### Third Floor

- Northern Light Mercy Cancer Care
- Northern Light Mercy Women's Health
- Human Resources (early 2022)

### Fourth Floor

- Northern Light Mercy Cardiovascular Care
- Northern Light Mercy Spine Surgery

**C**

## Outpatient Specialty & Surgery Center

155 Fore River Parkway



### First Floor

- Northern Light Mercy Gastroenterology
- Northern Light Mercy Wound and Hyperbaric Medicine
- Northern Light Mercy Endocrinology and Diabetes Care  
(Moving to medical office building in early 2022)

### Second Floor

- Outpatient Surgery



# DIRECTIONS

## to Northern Light Mercy Hospital on Fore River Parkway

Please note that GPS will navigate you to the campus. However, navigation to the specific building addresses may not always be accurate. Additional directions are below to help supplement GPS navigation if needed.

### **From Points North:**

Take I-295 southbound to Exit #5A. At the end of the ramp, you should be in the left lane. Take a left at the traffic light and remain in the left lane, continuing straight onto the Fore River Parkway. Up on the left is the main entrance to the hospital and medical office building followed by the next campus entrance (intersection with a light), which is closest to the outpatient specialty and surgery center.

### **From Points South:**

Maine Turnpike North (I-95) to exit 45; take I-295 northbound to Exit # 4 (U.S. Route 1). Cross the Veteran's Bridge. At the traffic light you should be in the left lane to turn left onto Fore River Parkway. Taking a right at the first traffic light will bring you closest to the outpatient specialty and surgery center. If you go past this entrance to the next one up on the right, you will enter the campus closest to the hospital and medical office building.

### **From South Portland:**

Go over the Casco Bay Bridge, through the traffic light at the State Street intersection, and stay in the right lane. Turn right onto Park Street. At the stop sign, take a right onto Commercial Street. For 1.2 miles, head west on Commercial Street, which becomes Fore River Parkway as you approach Veteran's Bridge. At the intersection before Veteran's Bridge, keep to your right at the light to continue onto Fore River Parkway near the hospital campus. Taking a right at the first traffic light will bring you closest to the outpatient specialty and surgery center. If you go past this entrance to the next one up on the right, you will enter the campus closest to the hospital and medical office building.

### **From Points West (Congress St. and Rte. 22):**

Heading east on Congress Street/Route #22 into Portland, turn right onto Fore River Parkway at the traffic light. Go straight through the next set of lights and stay in the left lane to continue straight onto Fore River Parkway. Up on your left is the main entrance to the hospital and medical office building followed by the next campus entrance (intersection with a light), which is closest to the outpatient specialty and surgery center.

